

MANITOBA OSTOMY PROGRAM

2026 Rural Clinic Schedule

ALTONA***NEW LOCATION***

LOCATION:

Altona Clinic
217 – 5th Ave NE

The front entrance is on the south side of the building.
Limited parking in front of the building. Additional parking in the hospital lot or street parking to the west of the building.

DATES:

Tuesday April 14
Tuesday Sept 22

CALL TO BOOK APPOINTMENT:

204-787-0610

TIME:

9:30am-1:00pm

BEAUSEJOUR

LOCATION:

Beausejour Primary Health Care Clinic
151 First St. S

CALL TO BOOK APPOINTMENT:

204-787-0610

DATES:

Tuesday, March 10

TIME:

9:00 a.m. – 1:00 p.m.

BOISSEVAIN

LOCATION:

Boissevain Health Centre
305 Mill Road

Enter through front entrance, then go through the clinic waiting room to the hallway past the lab.
Clinic will be 2nd or 3rd last door on the right-hand side of the hallway.

DATES:

Tuesday, April 14
Tuesday, November 3

CALL TO BOOK APPOINTMENT:

204-578-4205

TIME:

10:00 a.m. – 2:00 p.m.

DAUPHIN

LOCATION:

Dauphin Regional Health Centre
3rd Floor
625 3 St SW

CALL TO BOOK APPOINTMENT:

204-578-4205

DATES:

Tuesday, March 3
Wednesday, March 4

Tuesday, June 2
Wednesday, June 3

Tuesday, Sept 15
Wednesday, Sept 16

Tuesday, Dec 1
Wednesday, Dec 2

TIME:

10:00 a.m. - 4:00 p.m.
9:00am – 2:00 p.m.

10:00 a.m. - 4:00 p.m.
9:00am – 2:00 p.m.

10:00 a.m. - 4:00 p.m.
9:00am – 2:00 p.m.

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9:00am – 2:00 p.m.

GIMLI	
LOCATION: Gimli Community Health Centre Community Health Office Reception desk 120 6 th Ave DATES: Tuesday, March 3 Tuesday, May 5 Tuesday, October 27	CALL TO BOOK APPOINTMENT: 204-787-0610 TIME: 9:30 a.m. – 1:00 p.m.
MELITA	
LOCATION: Melita Clinic 147 Summit St DATES: Thursday, June 18	CALL TO BOOK APPOINTMENT: 204-578-4205 TIME: 10:00 a.m. – 2:00 p.m.
PORTAGE LA PRAIRIE	
LOCATION: Portage District General Hospital ACC Department 524 5 St SE DATES: Wednesday January 21 Wednesday March 18 Wednesday June 3 Wednesday October 7 Wednesday November 18	CALL TO BOOK APPOINTMENT: 204-787-0610 TIME: 9:30 a.m. – 1:00 p.m.
RUSSELL	
LOCATION: Russell District Health Centre 427 Alexandria Ave Please park on North side of building, use the Dialysis entrance, clinic will be held in Dialysis Clinic DATES: Tuesday, April 7 Thursday, November 5	CALL TO BOOK APPOINTMENT: 204-578-4205 TIME: 10:00 a.m. – 2:00 p.m.
SELKIRK	
LOCATION: Selkirk & District General Hospital 120 Easton Drive DATES: Tuesday February 3 Tuesday November 24	CALL TO BOOK APPOINTMENT: 204-787-0610 TIME: 9:00 a.m. – 1:00 p.m.

STEINBACH**LOCATION:**

Steinbach Quick Care Clinic
Unit 200 – 381 Stonebridge

CALL TO BOOK APPOINTMENT:

204-787-0610

DATES:

Tuesday January 27
Tuesday March 24
Tuesday October 20
Tuesday December 1

TIME:

9:00 a.m. – 1:00 p.m.

SWAN RIVER**LOCATION:**

Swan Valley Primary Care Centre
1000 Main Street

CALL TO BOOK APPOINTMENT:

204-578-4205

DATES:

Thursday, March 26
Friday, March 27

TIME:

9:00am-4:00pm
9:00am – 1:00pm

THE PAS**LOCATION:**

2nd Floor
St. Anthony's Hospital 67 1st Street W.

CALL TO BOOK APPOINTMENT:

204-787-0612

DATES:

May 25-26 (Monday/Tuesday)
Monday Sept 14

You will be contacted closer to clinic date to confirm clinic date and time.

THOMPSON**LOCATION:**

Thompson Clinic
50 Selkirk Avenue

CALL TO BOOK APPOINTMENT:

204-787-0610

DATES:

Tuesday, Sept 15

You will be contacted closer to clinic date to confirm clinic date and time.

WINKLER *NEW LOCATION******LOCATION:**

Winkler Medical Clinic
344 1st Street
Winkler, MB

CALL TO BOOK APPOINTMENT:

204-787-0610

DATES:

Tuesday February 10
Tuesday June 9
Tuesday Nov 3

TIME:

9:30 a.m. – 1:00 p.m.

PLEASE NOTE

- All clinic sites are scent-free. Kindly avoid the use of any personal care products with fragrances on the day of your appointment. Your cooperation is appreciated.
- Clinic appointments are 30 minutes long and are booked in advance. Please call the number provided on the schedule to book your appt.
- Your appliance will be removed at the appointment, so please bring a change of your appliance with you.
- Clinic dates may be subject to change or cancelled due to unforeseen circumstances, such as low attendance or poor weather conditions. You will be called about the cancellation if you have an appointment booked for that particular day.
- If you need to cancel or re-book your appointment please call the number listed with your clinic area.

MBTelehealth Services

MBTelehealth provides Manitobans access to health services through the use of secure technologies while overcoming the barriers of distance, time and expense. If you are interested in booking a telehealth appointment, please contact the NSWOC nurses in Winnipeg at 204-787-0612 or Brandon (Prairie Mountain Health clients) at 204-578-4205 to book your telehealth appointment.

Virtual Appointments

We are pleased to offer virtual appointments as an alternative way of connecting with an MOP NSWOC nurse. Virtual appointments allow you the comfort, flexibility and safety of staying in your own home for your ostomy assessment. Virtual appointments occur via an internet connection between the client and clinician. There are some basic computer requirements (computer with video capabilities, speaker and internet access) to book a virtual appointment, so please call us to discuss if this appointment method is the right choice for you.

Ostomy Manitoba Association (OMA)

Ostomy Manitoba Association (OMA) has been a non-profit registered support group run by volunteers on behalf of Manitoba ostomates since 1972. OMA offers monthly support meetings, a newsletter *INSIDE/OUT*, a *website*, ostomy youth camp sponsorships, and collects donations of unused ostomy supplies. For years, collaboration between *Ostomy Manitoba and the Manitoba Ostomy Program (MOP)* has provided a group of certified trained visitors who offer support, encouragement and hope for new patients following surgery.

OMA holds peer support meetings from September through May on the fourth Wednesday of the month at 7:30 pm. You are invited to join the meetings either in person at the Manitoba Possible building located at 825 Sherbrook street or online via Zoom. Instructions for joining the meetings will be posted on the website prior to each meeting at www.ostomymanitoba.ca. For more information, email Lorrie Pismenny (Ostomy MB President) at pis_mel@outlook.com or you can call Ostomy Manitoba at Tel: 204-237-2022. *****For MOP file closures or changes in client status within MOP, do not call OMA; please call the Manitoba Ostomy Program (MOP) nursing office directly at 204-787-0612.**